

Client Bill of Rights  
Twin Cities CranioSacral LLC

Thank you for utilizing the services at Twin Cities CranioSacral performed by Janet Crow, BS, MS, CMT, CST-T. This form is to notify and provide resources to you as a consumer of complimentary health care. Since MN does not license craniosacral or massage therapists, or similar modalities, this form's purpose is to empower and inform you of Janet Crow's qualifications and to inform you of your rights to consent to manual therapy from Janet Crow.

THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THIS STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY.

Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments. If a client desires a diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a physician, chiropractor, nurse, osteopathic physician, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provider, the client may seek such services at any time.

Janet Crow is a certified Massage Therapist CMT (St. Paul College 780 hours) and a certified CranioSacral Therapist CST-T (Upledger Institute). Janet has completed the following from the IAHP (Upledger Institute) and is a teaching assistant with the IAHE , CS1 CS2 CSCN1 CSIR CSWCD DDCSP HFAE1 SER1 SER2 VM1. Visit the IAHP.com or <https://www.iahp.com/Janet-Crow/> for more details. Janet Crow has completed Reiki Master training, two Cyndi Dale Apprentice programs, and trainings at Last Mask Center.

B.A. Augsburg College, Minneapolis, MN 2004  
M.L.I.S. Simmons College, Boston, MA 2006  
CMT St. Paul College, St. Paul, MN 2020

Sessions at Twin Cities Craniosacral are either 30, 60, or 90 minutes long. Prices are, \$55 for 30 minutes, \$90 for 60 minutes, and \$135 for 90 minutes. Payment is due at time of service or when booking appointment online. There are no refunds. Results are not guaranteed. Prices are subject to change and client has right to reasonable notice of these changes. Duration of appointment includes non-table time before and after the treatment on-table. Services at TC Craniosacral in no way are to replace medical care by physicians but are meant to support professional medical care. Craniosacral therapy and energy healing is not a service covered by medical insurance. These costs are the responsibility of the client and not medical insurance

CranioSacral Therapy is a light touch manual therapy that is applied to the soft tissues of the body and the cranium. The goal of craniosacral therapy is to balance the central nervous system, to release tensions, minimize pain, and provide stress relief. Energy healing and reiki are also part of the services at

Twin Cities CranioSacral LLC  
612-444-6494  
557 7th Street West  
Saint Paul, MN 55102  
crowcst@gmail.com  
janetcrowcst.com

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TC Craniosacral and these services balance the energetic anatomy and systems of the body by utilizing various energy clearing and healing techniques which help release tension, stress, and imbalances in the body.

All records are kept private via the booking software utilized and are confidential. Records are available to the client upon the client's personal request only.

Clients have the right to refuse service at any time and are not committed to receiving services at TC Craniosacral. There are other craniosacral and reiki practitioners in the Twin Cities area and clients are able to seek out those services on their own at any time without retaliation. Clients can end an appointment at any time if they wish without retaliation. Clients have the right to safe treatment on and off the table. Clients may expect courteous treatment and to be free from verbal, physical, or sexual abuse by the practitioner. The practitioner expects courteous treatment from the client free from verbal, physical, or sexual abuse by the client. The practitioner reserves the right to stop the appointment at any time if they experience any of these inappropriate behaviors from the clients.

Clients are able to file complaints and learn more about the Office of Unlicensed Complementary and Alternative Health Care Practice via the information below:

<https://www.health.state.mn.us/facilities/providers/compalt>

health.Hop.MortSci.Complaints@state.mn.us www.health.state.mn.us

651-201-4200

Health Occupations Program

Office of Unlicensed Complementary and Alternative Health Care Practice

Minnesota Department of Health

P.O. Box 64882

St. Paul, Minnesota 55164-0882

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